

MUSELETTER

beginnings - a muse offering - november 2025

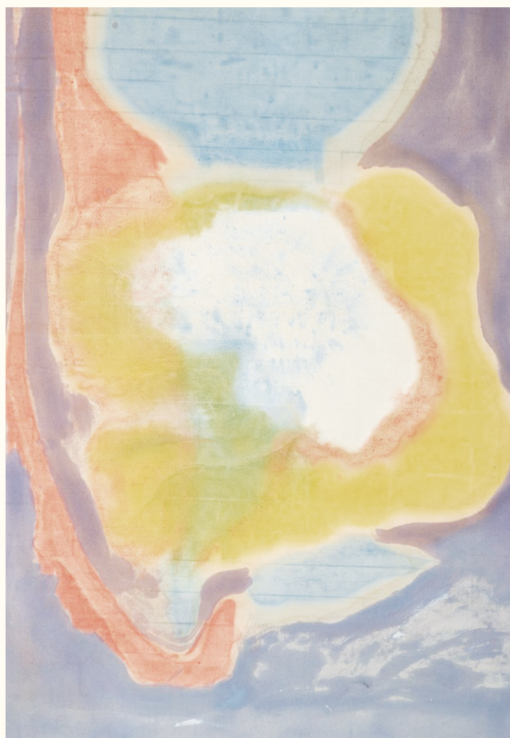
Notes on Beginning

Welcome to the first edition of the Museletter, a monthly gathering of thoughts, inspirations and observations. The theme for November is *Beginning* - - - what does it take to start?

It can sometimes feel impossible to start. As a chronic yearner, to the point of overthinking, and a perfectionist to the point of procrastination, the line between wanting to create and wanting to be seen creating can blur all too often. Where to begin? I've learned over time that it's important to just do things, just try. Have a go at something, begin *anywhere*. When I started Muse, I needed a place to gather my thoughts and wanted a project that would hold me accountable to it. If you've ever felt like a shallow-water dabbler, a collector of drafts and half-formed ideas, a

part-time creative with nothing to show for it... I would urge you to simply start somewhere. You might be surprised where it takes you. Something they don't always tell you about putting your creations out into the world, is that while you might be met with criticism, rejection or even just silence - there also exists a safety net of kindness, support, and a community of people waiting for you.

*Thank you to the lovely Wania for contributing these two paintings, perfect to adorn the very first newsletter! Find her Instagram @apoetamess



Drift, flow, surrender

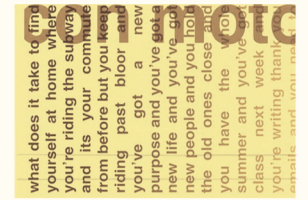
This artwork, April, was painted in 1963 by the contemporary artist Helen Frankenthaler. Embodying the spirit of just starting, without carrying any attachment to the outcome, translucent washes of paint drift across the canvas and carry the energy of something free and fluid. Frankenthaler used a technique that

she called *soak-stain*, letting the colourful, liquid pigments seep into the fabric and create a movement of their own. Surrender. There is something to learn from this kind of intuitive approach to beginning. Holding trust that something beautiful will emerge, even when you don't yet know what shape it's going to take.

LOVENOTE

If you have a weakness for beautiful graphic design mixed with reflective and introspective content, look no further than the Con Moto zine collection by Zoe Loukia. Receiving these zines in the mail is such a treat, with layered imagery, bold colour and thoughtful documentation through text and photography.

Find her on Instagram @zozocchini



Dear PROMPT diary

When was the last time you did something for the first time?

ECHO of the month

I Wonder - ABBA
(and the Mamma Mia cover <3)

MUSE M NEWS

Issue 03 - Second Nature

The third issue of Muse will be published on November 8th! Thank you so much to all contributors for making it special.

open doors

Submissions open! Don't miss it:

Issue 02 - Haven
@intertwinedzines777

And if you haven't read Party Favour yet... what are you even waiting for?